

# **POSTER PRESENTATION**

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# P01.40. A new approach for quantifying chemosensitizing effects from herb-drug combinations: assessment of Tripterygium Wilfordii-Docetaxel in prostate cancer

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From International Research Congress on Integrative Medicine and Health 2012 Portland, Oregon, USA. 15-18 May 2012

## **Purpose**

Resistance to cancer chemotherapy is a major problem. Herb-drug combinations can offer a new potential to overcome such resistance. To quantitatively assess chemosensitizing effects of herb-drug combinations (HDC), a new approach that takes into account both the chemosensitizing effect (CE) and "safety" considerations of the HDC is proposed and used in describing the cytotoxic activity of Tripterygium wilfordii-docetaxel (TW-Dtx) combination on prostate cancer cell lines.

### Methods

The effect of two extracts of TW with Dtx on Dtx resistant PC3 and DU145 cell lines were compared. Cell viability (cytotoxicity) was determined using sulforhodamine B assay after incubation of the cell line. The IC $_{50}$  of herb (H), drug (D) alone and in combination (IC $_{50}$ H, IC $_{50}$ D, and IC $_{50}$ CD respectively) in resistant cells were obtained. CE and chemosensitizing utility index (CUI) were calculated as: CE = IC $_{50}$ D IC $_{50}$ CD; CUI=CE (IC $_{50}$ H/Con $_{\rm H}$ ) whereas Con $_{\rm H}$  is the H concentration in the combination.

### **Results**

The values for CE (fold change), CUI (fold change), and IC $_{50}$ CD (nM) from TW extract A-Dtx treatment in resistant PC3 cells were 3.8 , 5.8, and 5.8, respectively versus 17.1, 22.0, and 1.5, respectively from TW extract B-Dtx treatment when low ConH relative to IC $_{50}$ H was

used. The corresponding values from extract A versus B-Dtx treatment in resistant DU145 cells were >1.3, >4.5 and 75.3 versus >27.6, >55.2 and 3.63, respectively. However, CE values can dramatically increase with higher ConH.

### Conclusion

Based on the above CE, CUI or ICCD values, TW extract B-Dtx appeared to be consistently superior to extract A-Dtx combination. However, assessment based on CE value alone may be misleading since it can change dramatically with ConH used. CUI together with  $IC_{50}CD$  are preferred and may prove to be a useful practical tool for assessing chemosensitizing effect of other HDCs.

Published: 12 June 2012

doi:10.1186/1472-6882-12-S1-P40

Cite this article as: Wang et al.: P01.40. A new approach for quantifying chemosensitizing effects from herb-drug combinations: assessment of Tripterygium Wilfordii-Docetaxel in prostate cancer. BMC Complementary and Alternative Medicine 2012 12(Suppl 1):P40.

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